Mt. San Antonio College
PSYC 1A: Introduction to Psychology

Exemplary Syllabus Example

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Office hours: Mon & Wed 1:00pm – 3:00pm; Tues 3:00pm – 4:00pm;
and by appointment
E-mail: sblacksher@mtsac.edu
Psychology Department Office is located in Building 26B, Room 2551
Division Office: Building 66, Room 255

About me
Hello and welcome to my course! I am a full-time psychology professor and have been teaching at Mt. SAC for about three years. Although I enjoy teaching a variety of psychology courses, my particular expertise is in statistics and research methods. When I am not teaching I enjoy traveling, reading, and scratching goats and pigs!

REQUIRED TEXTBOOK

This textbook was selected because it emphasizes the role of psychology as a hub science, connecting multiple disciplines. It also emphasizes the importance of how nature and nurture work together to influence behavior while providing many interesting and relevant examples. The textbook can be purchased or rented from campus book store, amazon [http://www.amazon.com/Discovering-Psychology-The-Science-Mind/dp/1305088379], or the publisher [http://www.cengagebrain.com/shop/isbn/9781305088375].

COURSE DESCRIPTION
PREREQUISITE: Eligibility for ENGL 1A. Advisory: Eligibility for READ 100 or completion of AMLA 33R
Psychological approaches to the study of behavior and mental processes. Topics include the history of psychology, psychological research methods, biological psychology, sensation and perception, consciousness, learning, memory, cognition, intelligence, and language, lifespan development, motivation and emotion, applied psychology (e.g., gender and sexuality and stress and health), social psychology, personality, psychological disorders, and psychological treatment.

STUDENT LEARNING OUTCOMES
Student Learning Outcomes (SLOs) include general skills, knowledge, or applications which students are expected demonstrate after completing a course or program of study. The goal of assessing SLOs is to help improve our courses, curriculum, student success, and/or instruction. SLOs are not intended to be comprehensive (i.e., these are not the only things a student should learn in this course). Below is a listing of the SLOs for this course. For a listing of SLOs for other courses at Mt. SAC, or for program-level outcomes (e.g., things you should know or be able to do upon completing a degree or certificate), go to [http://slo.mtsac.edu].
Upon completion of this course, students will be able to:
- SLO #1: Be able to differentiate the major theoretical perspectives of psychology.
- SLO #2: Be able to explain why psychology is considered a science.

**COURSE REQUIREMENTS**

1. **Attendance and Participation**
   Attendance and participation in class activities is worth 25 points (5% of your grade). **Learning is not a spectator sport. Fundamentally, the responsibility to learn is yours and yours alone.** For learning to happen in any course, you must take an active role in the process. Commonly, the students who consistently attend lectures are those who tend to have the best grades. This class also relies on discussions, which are enhanced when all students participate. For these reasons, it is assumed that you will attend and actively participate during all class sessions. To encourage a high degree of engagement, attendance will be taken every day at the beginning of each class and your individual participation will be assessed. It is your responsibility to plan to arrive on and stay for the entire duration of the class. If you leave early or arrive late you may not be marked as present for that day. Active participation in class discussion is also expected and points will be earned for sharing your thoughts and ideas and asking questions in class. Points will be earned according to the rubric below. There are NO MAKE UPS for any missed attendance or participation points. If you must miss class you are responsible for what transpires during class sessions whether you are there or not. Do not email me asking what you missed and if it was important! Check the class schedule and ask a classmate.

   **Exceptional (24-25 pts):** This student is always on time and stays for the duration of class. Contributions in class reflect exceptional preparation. Student frequently offers comments and questions that enhance the class discussion. Student is eager to volunteer and takes initiative when others are quiet. No more than 1 absence.

   **Above Average (20-24 pts):** This student is almost always on time and stays for the duration of class. Contributions in class reflect satisfactory preparation, participates during group discussions, and waits to be called on in class. No more than 2-3 absences.

   **Average (15-20 pts):** This student attends regularly, but says little in class and contributes minimally. There is little effort to participate; passive during discussion. Responses may be correct, but reflect little preparation. No more than 3-4 absences.

   **Needs Improvement (10-15 pts):** Little contribution; contributions in class reflect inadequate preparation. Passive during discussions. Responses are often incorrect, or off topic. Contributes nothing to the class as a whole. Doesn’t detract from classroom dynamics but doesn’t add to it either. Attendance is inconsistent or poor, often arrives late or leaves early.

   **Poor (< 10 pts):** Uncooperative, distracted, unresponsive; or not on task, for example, often states “I don’t know” or doesn’t respond to discussion questions, or does something unrelated to the task (e.g. asleep, texting, reading, etc.). Attendance is inconsistent or poor, often arrives late or leaves early.

**Note:** This class is in high demand. Students who miss ANY class in the first two weeks of the semester WILL BE DROPPED so that another student may have the opportunity to add.
2. Reading Guides
As opposed to a traditional study guide, reading guides will help you to focus on the important aspects while reading and will help you to elaborate on key concepts in preparation for the exams. A large number of research studies in psychology have shown that deeper or more elaborate processing of information enhances memory. For each chapter we cover a reading guide will be posted to MoodleRooms. There are no points or due dates given for reading guides. However, your success in this course is dependent on your understanding of the material, and students who make an effort to complete them will be more successful than those who don’t. Students who do not take advantage of these resources will find it difficult to pass quizzes and exams.

3. Weekly Reading Responses (WRRs)
Weekly Reading Responses will be worth 50 points (10% of your grade). You must complete 11 reading responses worth 5 points each; your lowest score will be dropped. Empirical studies have shown that active learning and allowing students to generate information on their own, rather than just reading or hearing it, leads to better learning and longer-term retention of material. For our class, you are expected to come to class PREPARED and READY TO LEARN, which requires you TO READ and STUDY the assigned reading BEFORE you come to class. Being prepared for class enables you to construct a knowledge base on which subsequent learning rests and meaningfully contribute to discussions in class.

Each week you will turn in a 1-page, reading response that consists of three parts: (1) A thoughtful response to the week’s question (posted to MoodleRooms). (2) A quote from the reading that you found particularly interesting or important; and (3) A relevant question you have after completing the reading. Your reading response must be typed, double-spaced, and turned in at the beginning of class on the dates indicated on the syllabus each week. WRRs may be submitted in class, or post to the discussion board on MoodleRooms. WRRs will not be accepted via email. LATE SUBMISSIONS WILL NOT BE ACCEPTED AND MAY NOT BE MADE UP. If you are absent or miss turning in a WRR for any other reason you will receive a “0” and will be the score that you drop.

4. Quizzes
Quizzes will be worth 55 points (11% of your grade). Quizzes are designed to ensure that you COMPLETE THE ASSIGNED READING each week, study the content, and deeply process it. Research shows that traditional methods of testing (mid-term and final exam) are not as effective in promoting long-term retention compared to more frequent testing on a smaller amount of material. This is because traditional methods of testing lead students to study a large amount of information in a short amount of time (i.e., cramming).

There will be 11 quizzes worth 5 points each. Quizzes will be made available on MoodleRooms and must be completed by 11:59pm Sunday of each week (see course schedule for due dates). You will be allowed to attempt each quiz an unlimited number of times before the due date. On each attempt you will be given a random selection of 10 questions. The quizzes are open book and open note, but will be timed. Therefore, you may use your book and notes to complete each quiz, but you will not have enough time to complete the quiz if you do not read the chapter before you begin the quiz. This format encourages you to see quizzes as a tool to identify and revisit concepts you are struggling with rather than a simple assessment. There are NO MAKE UP QUIZZES, as you can take them at any time over the course of a week. Technical/computer issues are not a valid excuse for not completing a quiz.
5. Research Participation
Research participation is worth 20 points (4% of your grade). An important aspect of learning psychology is understanding and experiencing the research process. During the last half of the semester you will have the opportunity to participate in several experiments conducted at Mt. Sac by other psychology students. You will be required to participate in 5 experiments (worth 3 points each) and to write a 1-2 page, double-spaced, summary of your experience (worth 5 points). The location, dates, and times of studies will be announced in class. **If you sign up for a study and fail to show up to participate, you will receive no more than half credit (10/20 points) for all research participation.** If you are unable to participate in the research experiments an alternative writing assignment, in which you will analyze an empirical research article, will be made available.

6. Writing Assignments
Writing Assignments are worth 50 points (10% of your grade). There will be two writing assignments worth 25 points each.

1) Why Psychology is a Science: This assignment will require you analyze the key aspects of psychology that make it a science and apply your understanding to and example case.

2) Social Psychology in Action: this assignment will require to identify a time when you have experienced a particular social phenomenon discussed in class and analyze the ways in which it is similar to examples from research.

Each writing assignment should be 2-4 pages in length, double spaced, 12-pt font. Specific instructions for each writing assignment will be posted on Moodlerooms. Due dates for each writing assignment are listed on the course schedule. Writing Assignments maybe submitted at the beginning of class or via email. **LATE ASSIGNMENTS will lose 2.5 points (10%) per day they are late, and will not be accepted later than 1 week.**

7. Exams
Exams are worth 300 points (60% of your grade). There will be three exams worth 100 points each. Exams will consist of 40 multiple choice questions and 4 open response/essay questions. Exams will cover all material in lectures and in the assigned reading. **The open response questions will be a selection of questions from the assigned reading guides.** Exams will not be cumulative. To take your exams you will need to buy **3 882-E Scantron exam answer sheets**. Please bring a pencil, scantron, and an eraser to all exams.

**BE ON TIME FOR AN EXAM! Students who arrive more than 15 minutes late will not be allowed to take the exam, and will not be granted a make-up without a documented emergency (see policy below).**

**Policy on Make-Up Exams**

**NO MAKE-UPS FOR EXAMS WILL NOT BE GIVEN UNLESS YOU HAVE A DOCUMENTED EMERGENCY (e.g., illness, accident, etc...).** In case of a scheduled conflict (work, military, school event, etc.), you must speak to me in person or send me an email at least 1 week in advance of exam day to schedule your make-up exam. In the case of an unexpected emergency you MUST CONTACT ME WITHIN 24 HOURS. Absence from an exam for any other reason will result in a grade of “0” for that exam.
8. MOODLEROOMS & Mt. SAC EMAIL
I will use Moodlerooms in this course to post lecture notes, announcements, assignments, and grades. Moodlerooms can be accessed through your Mt. SAC portal or directly at https://mtsac.mrooms.net/. Your login information is the same as the Mt. SAC portal login information. Communication through Moodlerooms is sent to your Mt. SAC email address, it is your responsibility to check this email account frequently.

POINT DISTRIBUTION AND GRADING POLICY

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<td>Attendance and Participation</td>
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<td>Weekly Reading Responses (10 x 5 points)</td>
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There is no curve in this class. Grades are based simply on your proportion of points earned out of the total points possible.

A  90% - 100%
B  80% - 89%
C  70% - 79%
D  60% - 69%
F  59% and below

Academic Accommodations
If you need special assistance in or outside the classroom, please inform me immediately. The office of Disabled Student Programs and Services (DSPS) is located in the Student Services Building (9B), lower level closest to the west entrance. Call (909) 274-4290 (Voice) or 909-895-6634 (Video Phone for American Sign Language users), or go to http://www.mtsac.edu/dsps/ for information about your rights.
CLASS POLICIES AND PROCEDURES

1. Class Conduct
Do not interrupt the class. This might include texting, letting your cell phone ring, browsing the Internet on your laptop, arriving late, talking to others while I’m lecturing, etc. You are encouraged to ask questions and offer comments, but do so in an appropriate manner. Please do not pack up your belongings until class has ended. Disruption of class and/or failure to follow classroom policies may result in you being asked to leave the classroom.

2. Use of Personal Computers
Personal computers and/or tablets may be used for note taking, however students caught using their computer for other purposes (i.e. browsing the internet, Facebook) will lose this privilege. Electronic devices may NOT be used during exams.

3. “Drop Date” Responsibility
Withdrawing from the course is the student’s responsibility. Failure to drop the class formally may result in a grade of “F” for the class. You should withdraw if absences are excessive, if performance cannot be improved (discuss with the professor first). See the current Class Schedule for important deadlines and details on dropping courses.

4. Academic Integrity
The college standards of academic honesty will be applied in this class. Campus policy states, “Students who violate university standards of academic integrity are subject to disciplinary sanctions, including failure in the course and suspension from the university. Since dishonesty in any form harms the individual, other students and the university, policies on academic integrity are strictly enforced.” Students who violate university standards of academic integrity (e.g., by cheating, plagiarizing) are subject to serious disciplinary actions; an “F” on all or part of an exam/assignment and referral to the dean. The complete policy may be found in the current College Catalog the official publication addressing and guiding academic and student services policies. An electronic copy of the student handbook is on the college website.

5. Emergency Procedures Notice to Students
The safety of all students attending Mt. SAC is of paramount importance. During an emergency it is necessary for students to have a basic understanding of their personal responsibilities and the College’s emergency response procedures. In the event of an emergency, keep calm and do not run or panic. If directed to evacuate, take all of your belongings and proceed safely to the nearest evacuation route. Do not leave the area. Remember that faculty and other staff members need to be able to account for your whereabouts. Do not re-enter building until informed it is safe by a building marshal or other campus authority.
STUDENT SERVICES

Student Services (9B) Building Hours
Monday - Thursday 8:00 a.m. - 7:00 p.m. Fridays 8:00 a.m. - 4:30 p.m.
Individual office hours vary

The following are a selection of services offered to students. For a complete list please see the current student handbook.

Achieving in College, Ensuring Success – ACES
Bldg. 16B | (909) 274-4411
ACES is a federally funded, TRiO Student Support Services Program established by Congress to help students overcome class, social, academic, and cultural barriers to higher education. ACES is designed to assist students who are low-income and/or the first in their family to go to college and/or disabled to obtain an Associate's degree and transfer from Mt. San Antonio College to a four-year institution. The ACES Program services focus on a holistic approach to student development and student success. Participants will gain the knowledge and skills necessary to achieve their educational goals and ultimately obtain a bachelor's degree.

Arise Program (AANAPISI Grant)
Bldg. 16B | (909) 274-6622
The Arise Program, funded by the Asian American Native American Pacific Islander Serving Institutions (AANAPISI) federal grant program, provides additional support for Asian American and Pacific Islander (AAPI) and other students.

Aspire Program
Bldg. 9D | (909) 274-6396
Aspire is a student success program designed to enrich the experience of African-American students at Mt. San Antonio College through counseling, instruction, mentoring, and community building. Aspire's primary focus is to equip you with the resources to boost your academic performance and help you reach your goals at Mt. SAC, whether that's graduating with an associate degree or transferring to a university to earn your bachelor's.

Assessment Center
Student Services Center | 1st floor | (909) 274-4265
Not sure if you should take Pre-Algebra or Pre-Calculus? You might need help making the right choices and that’s why Mt. SAC requires new students to complete English, reading, and math placement tests at this office. To make an appointment to take the test, you can go online, call the Assessment Center, or visit the website at www.mtsac.edu/assessment. Assistance in reviewing course placement is also provided.

Bridge Program
Bldg. 9D | (909) 274-5392
Bridge is an excellent learning communities program that provides specialized classes and counseling designed to increase students' success. Bridge creates a unique and cooperative learning environment between students, professors, counselors, and other critical resources on campus. The goal of these learning communities is to create a sense of community, using a cohort model, and to improve success rates in 'gateway' courses. The Bridge Program offers learning communities in: English, math, reading, counseling, and other general education courses.

Career & Transfer Services
Student Services Center | 2nd floor | (909) 274-4510 – Career, (909) 274-6388 – Transfer
Career and Transfer Services helps students get from here, Mt. SAC, to anywhere! Career & Transfer Services provides a variety of services, activities, events and resources to help students transfer to universities, solidify their career goals, sharpen their job acquisition skills, and acquire part- and full-time employment.

Counseling Center
Student Services Center | 2nd floor | (909) 274-4380
Not sure of your major or what career path to follow? Having trouble in your classes and not achieving the level of academic success you know you are capable of achieving? Counselors specialize in career,
educational, and personal counseling and are here to help. Come by the Counseling Center or visit our website at http://www.mtsac.edu/counseling to make an appointment.

Disabled Student Programs & Services
Student Services Center | 1st floor | (909) 274-4290
If you have a disability that impacts your education, or think you might have one, register with Disabled Student Programs & Services (DSPS). This office is committed to quality programs and services for students who have educational obstacles because of a disability. Any information you provide us will be held in the strictest confidence

Health Services
Bldg. 67B | 1st floor | (909) 274-4400
We strive to keep students in optimal physical and mental health by providing access to medical, personal counseling, chiropractic, and health education services at the Student Health Center. Appointments are required for physician, nurse practitioner, counseling, and chiropractic evaluations; limited same-day appointments are also available. Registered nurses assess health concerns on a walk-in basis. Other services include immunizations, medications, and laboratory tests. Lactating mothers may arrange for a private room by calling our department. Students are eligible when currently enrolled and attending credit classes.

Honors Program
Bldg. 26A - 1680 | 1st floor | (909) 274-4665
Mt. SAC has one of the State’s largest Honors Programs, which is designed for students who have demonstrated academic excellence. Honors courses are specially designed sections of transferable general education courses and with a few exceptions, are part of the IGETC (transfer) requirement list. Completion of the program makes you eligible for priority admission to many colleges and universities. To be eligible, you must complete 9 transferable units, establish eligibility for English 1A and have a 3.5 grade point average.

Veterans Services Center
Student Services Center | 2nd Floor | (909)274-4520 The Veterans Services Center is available to assist Veterans and eligible dependents with all educational matters relating to Veterans educational benefits

Student Life Office
Student Life Office, 9C | (909) 274-4525 Hours | Monday - Thursday 8:00 a.m. - 5:00 p.m. | Fridays 8:00 a.m. - 4:30 p.m. The Student Life Office provides information regarding student government, clubs, student leadership opportunities, activities transcripts, campus activities, discount amusement park and/or movie tickets. It also offers assistance in dealing with student complaints, student conduct policies, grievances, due process procedures, sexual harassment, and provides resources for social service needs.

Library
Building 6; Phone: (909) 274-4260
The Library, in the Learning Technology Center (LTC), offers students, faculty, and staff a wide variety of information resources for their research needs. In addition to traditional resources such as books, journals, newspapers, videos, and career guides. There is remote access to full-text articles, images, eBooks, and closed-captioned videos through approximately 100 online databases. Faculty provided course materials and textbooks are available for use in the library at the Reserves and Circulation Desk.

Tutorial Services
Building 6; Phone: (909) 274- 6605
Tutorial Services in the Learning Assistance Center provides free tutoring to all Mt. SAC students in most subject areas. They offer drop-in and study group tutoring. Regularly scheduled tutors assist students with their coursework in most subject areas and with their study skills techniques. Online tutoring is also available on evenings and weekends. Check http://www.mtsac.edu/lac/onlinetutoring for current schedule.

The Writing Center
Building 26B Room 156; Phone: (909) 274-5325
The Writing Center is open to all current Mt. SAC students. The Center provides free tutoring in writing, writing workshops, directed learning activities, computer lab access for students using tutoring, and computerized classrooms for instruction. More information about the Writing Center can be found online at: http://www.mtsac.edu/instruction/humanities/writingcenter.
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<thead>
<tr>
<th>WEEK</th>
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<th>TOPIC</th>
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<tr>
<td>1</td>
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<td>Welcome &amp; Course Overview</td>
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<td>The Discipline of Psychology</td>
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<td>2/29</td>
<td>Methods of Psychology</td>
<td>Chapter 2</td>
<td>WRR 1</td>
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<td>Nature and Nurture</td>
<td>Chapter 3 (pgs. 87-98; 105-120)</td>
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<td>Learning</td>
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<td>Psychological Disorders &amp; Therapy</td>
<td>Chapter 14 &amp; 15</td>
<td>QUIZ 11 (CH 14 &amp; 15)</td>
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<td>13</td>
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<td><strong>FINAL EXAM (CH 11-15)</strong></td>
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**The above schedule and procedures in this course are subject to change in the event of unforeseen circumstances, or if we decide to spend additional time on a few of the topics**